

# **SPORTS DEPARTMENT ACTIVITY REPORT 2024-2025**

## **Overview**

The Sports Department led by P.E Teacher has successfully organized and participated in several key activities aimed at promoting physical fitness, team spirit, and social responsibility among students. These initiatives included internal sports competitions, community involvement drives, and external event participation. The details are outlined below.

## **1. Cleaning Drive**

Organized by the Lady Keane College, as a part of the Swachh Bharat Abhiyan, the PE teacher along with the students participated in the community service of Cleaning Drive. The drive focused on cleaning the gymnasium and its surroundings, and nearby campus areas.



## 2. Inter-Departmental Sports Competitions

The Sports department conducted **Inter-Departmental Football and Basketball Tournaments** that saw enthusiastic participation from both male and female students. These events aimed to encourage competitive spirit, improve physical health, and identify sporting talent.

### Basketball Tournament

- **Girls' Teams:** 11 teams participated, from different Department (English, Sociology, History, Political Science, Khasi, BTTM, BCA, Botany, Zoology, Economics, Education)
- **Boys' Teams:** 3 teams participated, from Department of BCA, BTTM and BSc
- **Team Composition:** Each team consisted of **12 players**

The girls' team that reached the final was the BTTM Department and the Sociology Department. Where the BTTM Department Won against the Sociology Department. Whereas in the boys' team , the BCA Department won over the BTTM Department. The matches were held over multiple days, and the competition received positive feedback from students and faculty alike for its organization and sportsmanship.



## Football Tournament

- **Girls' Teams:** 10 teams participated, the Department of English, Sociology, History, Political Science, Khasi, BTTM, BCA, Zoology, Economics, and Education



- **Boys' Teams:** 3 teams participated from Department of BTTM, BCA and BSc



- **Team Composition:** Each football team also had **15 players**

In the girls' team, the Department of BTTM won over the Department of Education. In the case of the boys' team the BSc Department Won over the BCA Department. The

tournament witnessed great enthusiasm and competitiveness, showcasing remarkable performances and team collaboration.

### 3. Student Participation in External Marathon Event

Lady Keane College got invited in a **Marathon Event held at Shillong**, organized by the Meghalaya AIDS Control Society (MACS). Selected athletes, Calmilia Kharkongor and Mary Queen Pale were sent to represent our institution, Where Calmilia secured 2<sup>nd</sup> place and Mary Queen Pale secured 3<sup>rd</sup>. This opportunity allowed our students to engage with a broader athletic community and gain valuable exposure.



### 4. Attending the Durand Cup 2024 Opening Ceremony

On the auspicious occasion of the Durand Cup 2024 Opening Ceremony, held first time in Shillong and a group of students and teachers from the Lady Keane College were invited to witness the grand event live at the stadium. Where Shillong Lajong FC went head to head against the Tribhuvan Army FC, from Nepal and Lajong Secured the win. It was a moment of pride and excitement for all of us to be part of one of the oldest and most prestigious football tournaments in Asia.



### **Conclusion**

The Sports Department remains committed to fostering a culture of physical excellence, teamwork, and holistic development. The successful completion of the above activities reflects our continuous efforts to engage students in meaningful and impactful sporting experiences. Further events are being planned for the upcoming semester to build upon this momentum.

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